

California Mental Health Services Authority

Curriculum Crosswalk

Parent, Caregiver, and Family Member Peer Training

Training provider instructions for submitting training curriculum:

- 1. Please provide evidence, in the form of a facilitator manual, presentation and/or links to content/video, of your agency's training curriculum. Your curriculum must comprehensively cover the five areas of competency below. Training must be 40-hours of experiential learning specific to the Parent, Caregiver, Family Member Peer. Please include the specific curriculum that will be used in each competency section below. You may access the full-length of Parent, Caregiver, and Family Member Peer landscape analysis [here](#).*
- 2. Please upload a single (combined) PDF of your agency's full curriculum as described above during your initial application process. The PDF file will be used to review the content of your curriculum.*
- 3. Training providers may begin training once approval by CalMHSA has been received. Please note, the full curriculum must be submitted along with payment of the training provider application fee of \$300 to complete the initial review process. CalMHSA will keep the training provider informed should additional information be needed.*

Parent, Caregiver, Family Member Peer Specialization training for certified Medi-Cal Peer Support Specialists

The applicant shall use the following template to submit training curriculum content to meet the training requirements. To ensure accurate and timely reviews, please use the far-right column (below) to provide the PDF page number(s) on the submitted curriculum pdf and/or clear description of where the training information related to the core competency can be located by CaIMHSA.

Core Competencies - Parent, Caregiver, Family Member Peer for Certified Medi-Cal Peer Support Specialists					
Competency 1: Professional Responsibilities	Knowledge, Skills, and Abilities for Each Competency	Possible Trainings (Focused on Serving Parent, Caregiver, Family Member Peers)	Training Hours Recommended	Training Provider's Content	Training hours
	<p>Knowledge: Ethics, confidentiality laws (HIPAA/PHI), mandated reporting requirements, professional boundaries, peer support scope of practice, cultural humility, workplace policies.</p> <p>Skills: Active listening, empathetic communication, appropriate self-disclosure, documentation practices, culturally responsive communication.</p> <p>Abilities: Maintain ethical peer relationships, demonstrate professional conduct, protect confidentiality, recognize personal biases, communicate effectively with families from diverse backgrounds and value systems.</p>	<ul style="list-style-type: none"> • Ethics and Professional Standards for Parent/Caregiver Peer Specialists • Confidentiality, Privacy, and Mandated Reporting in Family Peer Services • Cultural Humility and Bias Awareness for Family Peer Providers • Using Lived Experience and Self-Disclosure in Peer Support 	<p>6 Hours</p>	<p><i>Example: Module 1: Chapter 1-3 covers ethics, confidentiality laws of recovery (Specify PDF pages 1- 10)</i></p>	<p>Actual No. of Hours</p>

Competency 2: Systems Knowledge and Navigation			Training Provider's Content	Training hours
<p>Knowledge: Children's behavioral health systems, special education and IEP processes, healthcare systems, child welfare, juvenile justice systems, developmental disability services, substance use treatment services, caregiver rights and responsibilities.</p> <p>Skills: Service system navigation, explaining services and supports to families, coordinating care across systems, crisis and safety planning.</p> <p>Abilities: Guide families through complex service systems, support access to services and resources, promote collaboration between families and service providers.</p>	<ul style="list-style-type: none"> • Overview of Children's Behavioral Health Systems of Care • Navigating Special Education and School-Based Services (IEP/504) • Child Welfare and Juvenile Justice Systems for Parent Peers • Crisis Response and Safety Planning for Families • Coordinating Services Across Behavioral Health and Community Systems 	10 Hours		
Competency 3: Resources and Natural Supports			Training Provider's Content	Training hours
<p>Knowledge: Family systems theory, strengths-based family support, community resource networks, natural support systems, family-driven care principles.</p> <p>Skills: Resource mapping, facilitating peer support groups, identifying family strengths and goals, building partnerships with community organizations.</p> <p>Abilities: Connect families to community resources, support development of natural support networks, empower</p>	<ul style="list-style-type: none"> • Community Resource Navigation for Parent and Caregiver Peers • Facilitating Parent and Caregiver Peer Support Groups • Strength-Based Family Support Planning • Building Natural Supports and Community Partnerships 	8 Hours		

families to access services and make informed decisions.				
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Competency 4: Wellness and Resiliency			Training Provider's Content	Training hours
<p>Knowledge: Trauma-informed care, recovery and resiliency principles, grief and loss, family wellness models, compassion fatigue and burnout prevention.</p> <p>Skills: Teaching coping strategies, coaching families on self-care, supporting parenting resilience, identifying barriers to family functioning.</p> <p>Abilities: Promote family wellness and resilience, support families experiencing trauma or stress, model self-care strategies for families and peer providers.</p>	<ul style="list-style-type: none"> • Trauma-Informed Peer Support for Families • Resilience and Recovery for Parents and Caregivers • Parenting Support and Family Wellness Strategies • Self-Care and Burnout Prevention for Peer Providers 	8 Hours		

Competency 5: Effecting Change			Training Provider's Content	Training hours
<p>Knowledge: Family and peer advocacy movements, systems change principles, stages of change, stigma and discrimination in behavioral health systems.</p> <p>Skills: Advocacy coaching, collaborative problem solving, communication and negotiation skills, mentoring caregivers.</p> <p>Abilities: Empower families to advocate for their needs, promote family voice in systems of care, reduce stigma, build collaborative partnerships with service providers and community organizations.</p>	<ul style="list-style-type: none"> • Family Advocacy and Systems Change for Parent Peers • Empowering Caregivers in Policy and Service Planning • Addressing Stigma in Behavioral Health Systems • Communication, Conflict Resolution, and Partnership Building 	<p>8 Hours</p>		